

Woodie's DIY AAI Track & Field Championships

Tullamore Harriers Stadium

24th June 2012

100 m - Junior Men

Wind : -1.5

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	123	O'Shea, Greg	Dooneen A.C.	11.00		11.07
2	64	Scanlan, Paul	Leevale A.C.	11.35		11.29
3	74	Wallace, Eamon	Ratoath A.C.	11.28		11.30
4	168	Lynch, Patrick	Newport A.C.	11.57		11.44
5	56	Stafford, Tony	Menapians A.C.	11.75		11.61
6	187	Fitzpatrick, Oisín	Nenagh Olympic A.C.	11.72		11.68
7	209	Plka, Roland	Limerick A.C.	11.93		12.01
	148	Ogbene, Kaodi	Leevale A.C.	11.62		DQ
	102	Mc Govern, Emmett	Raheny Shamrock A.C.	11.97		
	189	Essuman, Joshua	Dublin Striders A.C.	11.97		
	186	Finnerty, Dan	Nenagh Olympic A.C.	12.06		
	162	Murphy, Lorcan	Bray Runners A.C.	12.15		
	137	Dready, Michael	Ferrybank A.C.	12.21		
	75	Zaiden, Abraham	Ratoath A.C.	12.21		
	232	O'Reilly, Ciaran	Shercock A.C.	12.22		

200 m - Junior Men

Wind : -0.2

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	106	Lawler, Marcus	St. L. O'Toole A.C.	21.98		21.47
2	123	O'Shea, Greg	Dooneen A.C.	22.03		21.79
3	74	Wallace, Eamon	Ratoath A.C.	23.02		22.35
4	192	Schoeman, Richie	St. Joseph's A.C.	23.02		22.47
5	168	Lynch, Patrick	Youghal A.C.	23.42		22.86
6	148	Ogbene, Kaodi	Leevale A.C.	23.55		23.40
7	102	Mc Govern, Emmett	Raheny Shamrock A.C.	23.79		23.63
	8	Roche, Stuart	Clonliffe Harriers A.C.	23.21		DNS
	111	Raitt, Adam	Brothers Pearse A.C.	24.37		
	110	Murray, Carl	Brothers Pearse A.C.	24.64		
	75	Zaiden, Abraham	Ratoath A.C.	24.65		
	232	O'Reilly, Ciaran	Shercock A.C.	24.66		
	112	Mc Dermott, Peter	Brothers Pearse A.C.	25.07		

400 m - Junior Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	103	Griffin, Karl	Tir Chonaill A.C.	49.48		49.52
2	64	Scanlan, Paul	Leevale A.C.	50.00		50.18
3	268	Saunders, Jack	St. Joseph's A.C.	50.66		50.53
4	2	Woods, Shaun	Finn Valley A.C.	51.92		50.56
5	141	Mac Namara, Darragh	Tullamore Harriers A.C.	50.43		51.06
	37	Browning, Jonathan	Ballymena & Antrim A.C.	51.76		DNS
	16	Elliott, Kieron	North Sligo A.C.	50.77		DNS
	119	Tully, Robert	Star of the Sea A.C.	51.47		DNS
	230	O'Connor, William	Riocht A.C.	52.10		
	5	Crotty, Evan	Emerald A.C.	52.53		
	192	Schoeman, Richie	St. Joseph's A.C.	52.70		
	34	Buggy, Eoghan	St. Abbans A.C.	53.14		
	170	Fallon, Keith	Galway City Harriers A.C.	53.46		
	36	Canning, Liam	Annalee A.C.	53.95		
	121	Donegan, Sean	Tullamore Harriers A.C.	54.59		

800 m - Junior Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	113	Cronin, Dean	Blarney/Inniscara A.C.			1.52.73
2	19	Tobin, Sean	Clonmel A.C.			1.53.05
3	95	Fitzsimons, Shane	Mullingar Harriers A.C.			1.54.45
4	170	Fallon, Keith	Galway City Harriers A.C.			1.56.39
5	96	Yorke, Robert	Mullingar Harriers A.C.			1.59.73
6	244	Uwechue, Uchenna	Tallaght A.C.			2.01.76
7	97	Reid, Jack	Mullingar Harriers A.C.			2.02.18
8	88	Strutt, Eoin	Raheny Shamrock A.C.			2.02.50
9	23	Finucane, Cathal	Emerald A.C.			2.04.33
10	86	Foley, Adam	Raheny Shamrock A.C.			2.06.34
11	50	Gorman, Stephen	Adamstown A.C.			2.06.36

1500 m - Junior Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	179	Monaghan, Patrick	Lagan Valley A.C.			3.54.18
2	180	Monaghan, Andrew	Lagan Valley A.C.			3.56.00
3	85	Dooney, Kevin	Raheny Shamrock A.C.			3.58.98
4	84	Mc Donnell, Jake	Raheny Shamrock A.C.			3.59.36
5	176	Rankin, Robby	Lagan Valley A.C.			4.06.74
6	259	Dunne, Carl	Dunleer A.C.			4.08.72
7	38	O'Mara, Colin	Emerald A.C.			4.10.73
8	20	Byrne, Michael	W.S.A.F. A.C.			4.10.81
9	31	Kelly, Cormac	St. Abbans A.C.			4.12.49
10	233	Armstrong, Hugh	Ballina A.C.			4.13.35
11	98	Moran, Pdraig	Mullingar Harriers A.C.			4.19.62
12	229	Bonner, Mark	Finn Valley A.C.			4.21.31
13	32	Brennan, Kevin				4.22.26
14	71	Hynes-Foy, Patrick	Finn Valley A.C.			4.30.80
15	255	Porter, Ryan	Finn Valley A.C.			4.34.69

5000 m - Junior Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	85	Dooney, Kevin	Raheny Shamrock A.C.			15.05.62
2	242	Guiden, Ian	Clonliffe Harriers A.C.			15.23.40
3	231	O'Regan, Jake	St. John's (Clare) A.C.			15.50.37
4	227	O'h-Airmhi, Peadar	Craughwell A.C.			16.42.58

110 m Hurdles - Junior Men

Wind : 0.1

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	126	Power, Eoin	St. Joseph's A.C.			15.02
2	135	Mc Geary, David	Kilkenny City Harriers A.C.			15.34
3	187	Fitzpatrick, Oisín	Nenagh Olympic A.C.			15.98
4	109	Heffernan, Patrick	Tullamore Harriers A.C.			16.14
5	189	Essuman, Joshua	Dublin Striders A.C.			17.38
6	82	Rogers, Mark	St. Peter's A.C.			18.56

400 m Hurdles - Junior Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	138	Kiely, Ben	Ferrybank A.C.			53.76
2	172	Mc Guire, Evan	Galway City Harriers A.C.			55.95
3	171	Hebron, Anthony	Galway City Harriers A.C.			57.61
4	108	Noctor, Keith	St. L. O'Toole A.C.			58.02
5	186	Finnerty, Dan	Nenagh Olympic A.C.			59.91
6	77	Gill, Sean	Claremorris A.C.			60.43
7	26	Watters, Darren	Annalee A.C.			61.11

3000 m Steeplechase - Junior Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	223	O'Connor, Killian	Sligo A.C.			10.31.90
2	100	Nea, Stephen	Mullingar Harriers A.C.			11.22.78

5000 m Walk - Junior Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
	62	Treanor, James	Shercock A.C.			22.27.30
	190	Cleary, Ryan	Clonliffe Harriers A.C.			24.52.60
	245	Gillespie, Simon	Ballina A.C.			26.14.27
	78	Hynes, Eric	Swinford A.C.			26.21.17
	278	Murphy, Paul	Claremorris A.C.			29.35.79
	147	Hickey, Luke	Leevale A.C.			DQ

4X100 m Relay – Junior Men

1	Tullamore Harriers A.C.	44.74
2	St. Joseph's A.C.	45.17
3	Raheny Shamrock A.C.	47.35

4X400 m Relay – Junior Men

1	Galway City Harriers A.C.	3.28.13
2	St. Joseph's A.C.	3.41.02
3	Raheny Shamrock A.C.	3.45.40
4	Finn Valley A.C.	3.47.78
5	Brothers Pearse A.C.	3.50.29

High Jump - Junior Men

Place	No	Name	Club	1.65	1.70	1.75	1.80	1.85	1.90	1.95	1.98	2.01
1	49	Murtagh, Jamie	St. Andrews A.C.	-	-	O	O	O	O	XO	XO	XXX
2	142	O'Dwyer, Shane	Carrick-on-Suir A.C.	-	-	O	O	O	O	XXO	XXX	
3	216	Healy, Sam	Belgooly A.C.	-	O	O	O	O	XO	XXX		
4	68	Quigg, Barry	Sliabh Liag A.C.	-	-	-	O	XXO	XO	XXX		
5	67	Bill, Robert	Ballymena & Antrim.	-	-	O	O	XO	XXX			
6	162	Murphy, Lorcan	Bray Runners A.C.	O	O	O	XXX					
7	82	Rogers, Mark	St. Peter's A.C.	-	O	XXX						

Long Jump - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	56	Stafford, Tony	Menapians A.C.	6.52	X	6.84	6.66	X	6.70	6.84
				+1.0		+0.8	+0.8		-0.8	+0.8
2	216	Healy, Sam	Belgooly A.C.	6.11	6.01	6.41	6.35	6.20	6.63	6.63
				+0.9	-1.4	+0.9	+1.2	-0.6	+0.5	+0.5
3	220	Gaffney, Stephen		5.77	6.03	6.33	X	6.31	6.56	6.56
				+1.1	+0.4	+1.0		+2.5	+1.4	+1.4
4	209	Plka, Roland	Limerick A.C.	6.28	6.21	6.38	6.24	6.32	X	6.38
				+0.6	-0.3	-0.1	+1.0	+0.0		-0.1
5	107	Doyle, Simon	St. L. O'Toole A.C.	4.60	6.28	6.28	X	3.97	6.34	6.34
				+0.8	-0.3	-0.5		-0.5	+0.2	+0.2
6	135	Mc Geary, David	Kilkenny City Harriers A.C.	6.14	6.18	6.00	5.94	4.76	5.92	6.18
				-0.4	-0.1	+0.4	+0.5	+1.9	+1.3	-0.1
7	226	Bourke, Colm	Sligo A.C.	6.09	5.79	X	6.02	5.93	6.05	6.09
				-0.1	+0.6		+0.1	+1.0	-0.2	-0.1
8	82	Rogers, Mark	St. Peter's A.C.	5.53	3.99	5.32	5.65	5.38	5.34	5.65
				-0.3	+1.6	+0.3	-0.2	+1.0	-0.8	-0.2
9	163	Mahon, Conall	St. Michael's Enniskillen	X	5.27	X				5.27
					-1.7					-1.7

Triple Jump - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	139	Archer, Sean	Ferrybank A.C.	13.63	13.53	X	13.20	13.34	13.61	13.63
				-0.4	+0.0		-3.0	-1.3	-0.3	-0.4
2	33	Daly, Conor	St. Abbans A.C.	13.02	13.09	13.32	12.87	13.06	X	13.32
				-1.1	+0.4	+0.4	-3.0	-0.9		+0.4
3	68	Quigg, Barry	Sliabh Liag A.C.	-	12.78	11.90	11.73	X	11.86	12.78
					-1.7	-0.4	-1.9		-1.7	-1.7
4	220	Gaffney, Stephen		12.40	12.46	X	12.20	12.43	12.71	12.71
				-0.8	+0.2		-1.9	-2.2	-1.5	-1.5
5	27	Ogbuna, Emmanuel	Tramore A.C.	12.70	11.21	12.17	12.43	X	12.33	12.70
				-1.4	-0.4	+0.8	-1.9		-1.0	-1.4
6	163	Mahon, Conall	St. Michael's Enniskillen	X	X	12.36	12.61	X	X	12.61
						-0.9	-1.8			-1.8
7	146	Casey, Ryan	Leevale A.C.	X	X	X	10.98	11.34	11.06	11.34
							-3.1	-2.2	-1.8	-2.2
8	65	Whyte, Killian	Dundrum South Dublin A.C.	X	X	11.11	11.20	-	-	11.20
						-3.0	-2.3			-2.3

Shot Putt - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	25	Collins, Paul	North Westmeath A.C.	14.17	13.84	X	14.47	13.84	14.98	14.98
2	28	Kelly, John	Finn Valley A.C.	14.48	14.20	14.27	14.68	14.79	14.85	14.85
3	191	Mc Sweeney, Patrick	Bandon A.C.	12.94	12.98	12.99	12.93	13.13	13.05	13.13
4	24	Kelly, James	Crusaders A.C.	12.70	12.94	12.84	13.03	X	12.19	13.03
5	241	Lalor, Davy	Crusaders A.C.	12.29	X	11.73	12.18	X	12.00	12.29
6	218	Mulligann, James	Tullamore Harriers A.C.	11.89	11.42	12.23	11.76	11.94	12.16	12.23
7	15	Kenny, Michael	Kildare A.C.	11.24	11.17	11.32	10.78	11.11	11.29	11.32
8	54	O'Brien, Peter	St. Brendan's A.C.	10.01	10.90	10.06	-	-	-	10.90
9	206	Farragher, Martin	Corofin A.C.	10.18	9.58	9.17				10.18
10	213	Mc Carthy, Andrew	Gneeveguilla A.C.	9.65	X	9.96				9.96
11	207	Heffernan, Cillian	Na Fianna A.C.	8.20	8.32	X				8.32

Discus - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	130	Pons, Marco	D.M.P. A.C.	X	50.20	X	X	X	51.57	51.57
2	25	Collins, Paul	North Westmeath A.C.	42.22	44.96	44.76	46.79	43.10	44.88	46.79
3	197	Hanlon, Michael	Dunboyne A.C.	38.41	X	X	36.99	40.21	41.42	41.42
4	219	Gainne, Sam	Crusaders A.C.	36.67	39.24	39.15	38.82	38.56	X	39.24
5	206	Farragher, Martin	Corofin A.C.	37.23	X	30.06	36.17	36.61	X	37.23
6	213	Mc Carthy, Andrew	Gneeveguilla A.C.	X	X	36.70	31.22	35.16	31.04	36.70
7	15	Kenny, Michael	Kildare A.C.	36.64	X	X	X	X	X	36.64
8	202	O'Sullivan, Aiden	Gneeveguilla A.C.	30.08	29.21	X	X	29.27	X	30.08

Javelin - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	21	Murray, Kevin	Glenmore A.C.	55.02	49.31	X	47.99	46.47	48.61	55.02
2	174	Whelan, Ryan	Clonliffe Harriers A.C.	46.81	47.34	49.78	46.05	47.19	45.33	49.78
3	28	Kelly, John	Finn Valley A.C.	46.08	47.32	46.98	46.60	44.53	45.91	47.32
4	205	Marah, Eoghan	Sli Cualann A.C.	39.88	37.76	39.40	X	35.35	41.38	41.38
5	135	Mc Geary, David	Kilkenny City Harriers A.C.	30.49	X	32.82	X	X	28.57	32.82
6	202	O'Sullivan, Aiden	Gneeveguilla A.C.	29.67	27.60	27.12	-	-	-	29.67

Hammer - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	159	Mc Cabe, James	Dunboyne A.C.	68.62	65.98	65.27	66.90	X	63.17	68.62
2	1	Mc Guigan, Dempsey	Finn Valley A.C.	67.19	X	68.03	67.95	64.56	X	68.03
3	196	Dunne, Caimin	Dunboyne A.C.	51.31	54.49	X	53.29	X	X	54.49
4	197	Hanlon, Michael	Dunboyne A.C.	X	52.44	50.06	52.62	51.61	52.56	52.62
5	79	Galligan, Simon	Clonliffe Harriers A.C.	45.35	50.34	50.73	48.94	50.38	49.37	50.73
6	191	Mc Sweeney, Patrick	Bandon A.C.	45.30	47.61	47.14	48.19	X	X	48.19
7	202	O'Sullivan, Aiden	Gneeveguilla A.C.	40.27	39.66	40.38	38.56	X	38.19	40.38

35lb Distance - Junior Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	160	Mc Sweeney, Patrick	Bandon A.C.	-	-	7.98	8.36	X	8.33	8.36
2	54	O'Brien, Peter	St. Brendan's A.C.	8.06	7.79	7.11	7.84	8.06	8.10	8.10
3	256	Kenny, Michael	Kildare A.C.	7.28	7.24	7.99	7.14	7.71	7.60	7.99
4	218	Mulligan, James	Tullamore Harriers A.C.	7.03	7.08	7.07	7.38	7.02	7.25	7.38
5	202	O'Sullivan, Aiden	Gneeveguilla A.C.	6.63	6.22	6.00	5.69	6.52	6.92	6.92
6	207	Heffernan, Cillian	Na Fianna A.C.	5.47	6.00	3.80	5.59	4.27	6.78	6.78

Pole Vault - Junior Men

Place	No	Name	Club	2.90	3.10	3.30	3.50	3.70	4.00
1	66	O'Brien, Peter	Raheny Shamrock A.C.	-	-	-	-	O	XXX
2	11	Doherty, Christopher	Tir Chonaill A.C.	-	O	XXO	XO	XXX	
3	29	Delaney, James		O	O	XXO	XXX		

Junior Women**100 m - Junior Women**

Wind : -0.2

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	161	Healy, Phil	Bandon A.C.			12.05
2	118	Murray, Sarah	Fingallians A.C.			12.27
3	173	Mc Carthy, Sarah	Mid Sutton A.C.			12.36
4	10	Boomer, Chloe	Lagan Valley A.C.			12.52
5	198	Keogh, Bromwyn	Fingallians A.C.			12.80
6	76	Ngankam, Lynda	Donore Harriers A.C.			13.07
7	44	Brennan, Katie	St. Abbans A.C.			13.64

200 m - Junior Women

Wind : -2.5

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	161	Healy, Phil	Bandon A.C.			24.95
2	13	Moynihán, Grainne	West Muskerry A.C.			25.35
3	10	Boomer, Chloe	Lagan Valley A.C.			25.80
4	181	Dwyer, Victoria	Raheny Shamrock A.C.			26.05
5	120	Carson, Heather	Ballymena & Antrim A.C.			26.40
6	76	Ngankam, Lynda	Donore Harriers A.C.			27.28
7	234	Basquille, Caoimhe	Sli Cualann A.C.			27.69

400 m - Junior Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	52	Kirk, Katie	Lagan Valley A.C.	58.47		56.15
2	13	Moynihán, Grainne	West Muskerry A.C.	60.35		56.73
3	143	Neville, Jessica	Leevale A.C.	59.70		57.67
4	144	Neville, Christine	Leevale A.C.	60.45		58.64
5	153	Markham, Niamh	Ennis Track A.C.	59.73		59.08
6	257	Dunne, Karen	Bohermeen A.C.	60.89		60.21
7	164	Lynch, Keira	Raheny Shamrock A.C.	59.82		60.88
	215	Rafter, Eileen	Tullamore Harriers A.C.	60.56		
	70	Drumgoole, Aisling	Raheny Shamrock A.C.	61.69		
	9	Kieran, Edel	Shercock A.C.	62.40		
	247	Conroy, Catherine	Celtic A.C.	65.82		

800 m - Junior Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	177	O'Sullivan, Mary Ann	Tinryland A.C.			2.13.02
2	153	Markham, Niamh	Ennis Track A.C.			2.15.75
3	69	Mc Daid, Amy	City of Derry			2.28.05

1500 m - Junior Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	7	Collins, Sarah	Finn Valley A.C.			4.42.88
2	199	Mulhare, Mary	North Laois A.C.			4.48.25
3	122	Doran, Chloe	Raheny Shamrock A.C.			4.51.07
4	61	Kalemi, Jona	Donore Harriers A.C.			5.41.58

5000 m - Junior Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	7	Collins, Sarah	Finn Valley A.C.			17.18.55
2	48	O'Connor, Niamh	Edenderry A.C.			21.45.49

3000 m Steeplechase - Junior Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	59	Drohan, Jessica	Shercock A.C.			12.39.34
2	42	Mulroy, Fionnuala	Swinford A.C.			13.07.54

100 m Hurdles - Junior Women

Wind : -0.8

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	185	Lavin, Sarah	Emerald A.C.			13.89
2	105	Murphy, Clare	St. L. O'Toole A.C.			15.08
3	151	Furney, Orla	Gorey A.C.			15.48
4	238	Earls, Lynda	Sli Cualann A.C.			17.52
5	239	Lematy, Zoe	Sli Cualann A.C.			18.93
	80	Mc Burney, Laura	City of Lisburn			DNF

400 m Hurdles - Junior Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	105	Murphy, Clare	St. L. O'Toole A.C.			60.83
2	143	Neville, Jessica	Leevale A.C.			61.84
3	144	Neville, Christine	Leevale A.C.			64.33
4	151	Furney, Orla	Gorey A.C.			65.34
5	184	Harvey, Louise	Tir Chonaill A.C.			65.93
6	101	Begley, Elaine	Clonliffe Harriers A.C.			66.08
7	59	Drohan, Jessica	Shercock A.C.			66.91

3000 m Walk - Junior Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	89	Veale, Kate	West Waterford A.C.			14.44.23
2	40	Boylan, Alicia	Oriel A.C.			14.58.61
3	41	Mulroy, Cliona	Swinford A.C.			15.16.58
4	117	Bestom, Laura	Claremorris A.C.			16.52.12

4X100 m Relay – Junior Women

1	Fingallians A.C.	50.03
2	Raheny Shamrock A.C.	52.64
3	Brothers Pearse A.C.	53.01

High Jump - Junior Women

Place	No	Name	Club	1.45	1.50	1.55	1.60	1.65	1.70	1.74	1.77
1	235	Rogan, Pippa	Sli Cualann A.C.	-	-	-	O	XXO	XXO	XXO	XXX
2	136	Murphy, Sorcha	Ferrybank A.C.	-	-	O	O	XO	XXX		
3	169	Mc Teggart, Amy	Boyne A.C.	O	O	O	O	XXX			
4	217	Mc Kenzie, Gracee	Belgooly A.C.	O	O	O	XXX				

Long Jump - Junior Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	72	Mc Carthy, Sarah	Mid Sutton A.C.	X	5.84	6.05	5.81	6.01	5.18	6.05
					-0.6	+1.2	-0.8	+0.0	+0.5	+1.2
2	225	Burns, Emily	Sligo A.C.	X	X	4.82	5.34	5.03	5.51	5.51
						-0.8	+1.1	+0.6	+1.3	+1.3
3	47	Buggy, Saragh	St. Abbans A.C.	X	X	X	5.21	5.18	X	5.21
							-1.1	-0.7		-1.1
4	145	Sheehan, Jessica	Leevale A.C.	5.19	X	5.17	5.17	5.20	5.02	5.20
				+0.7		+1.8	+0.2	+2.0	+1.0	+2.0
5	201	Murray, Clare	Cranford A.C.	4.14	4.04	4.22	4.17	4.29	4.29	4.29
				+0.4	-1.2	-2.4	+0.7	+0.4	+1.5	+0.4

Triple Jump - Junior Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	47	Buggy, Saragh	St. Abbans A.C.	11.57	11.67	11.50	-	11.48	11.55	11.67
				-2.3	-1.3	-2.5		-0.5	-1.3	-1.3
2	145	Sheehan, Jessica	Leevale A.C.	X	10.76	10.72	X	10.39	10.79	10.79
					-2.0	-2.1		-1.9	-0.3	-0.3
3	204	Kavanagh, Laura	Sli Cualann A.C.	X	10.00	10.01	X	10.01	10.10	10.10
					-1.3	-2.8		-0.7	-1.7	-1.7
4	183	Weir, Kathrryn	Crookstown Millview A.C.	9.66	9.76	9.73	9.53	X	9.80	9.80
				-1.9	-1.3	-2.4	-0.7		-0.6	-0.6

Shot Putt - Junior Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	158	Mc Sweeney, Laura	Bandon A.C.	11.31	11.66	11.34	10.90	11.89	11.89	11.89
2	114	Murphy, Niamh	Blarney/Inniscara A.C.	X	X	10.60	11.55	X	11.70	11.70
3	132	Parkinson, Sophie	Gowran A.C.	10.45	11.08	11.40	10.98	10.78	11.04	11.40
4	12	Moynihán, Meggan	West Muskerry A.C.	9.06	9.14	X	8.98	9.18	10.03	10.03
5	124	Fenlon, Emma	St. Joseph's A.C.	9.89	9.73	9.99	9.90	9.68	9.94	9.99
6	81	Boyd, Kate	Tralee Harriers A.C.	8.88	9.44	9.54	9.12	8.93	9.67	9.67
7	217	Mc Kenzie, Gracee	Belgooly A.C.	8.36	9.19	8.87	-	-	-	9.19

Discus - Junior Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	132	Parkinson, Sophie	Gowran A.C.	43.23	37.13	42.31	X	40.39	38.02	43.23
2	73	Wilson, Beth	North Down	32.39	X	37.86	39.10	40.31	40.55	40.55
3	211	O'Sullivan, Hannah	Gneeveguilla A.C.	38.78	39.20	36.00	39.58	39.66	40.14	40.14
4	228	Cronin, Kayleigh	Spa Muckross A.C.	37.16	38.89	X	X	X	X	38.89
5	253	Hickey, Kate	West Waterford A.C.	34.06	34.00	29.79	33.67	36.34	37.36	37.36
6	158	Mc Sweeney, Laura	Bandon A.C.	32.50	35.81	35.43	34.30	34.73	33.75	35.81
7	114	Murphy, Niamh	Blarney/Inniscara A.C.	33.65	35.34	35.54	32.99	34.52	34.65	35.54
8	81	Boyd, Kate	Tralee Harriers A.C.	30.22	32.50	34.39	33.23	34.30	33.71	34.39
9	129	Owens, Emma	St. Pauls A.C.	31.90	X	28.08				31.90
10	94	Stack, Aisling	Portlaois A.C.	23.27	22.52	26.11				26.11
11	3	Kiernan, Mieke	Raheny Shamrock A.C.	19.72	X	24.65				24.65

Javelin - Junior Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	243	Murphy, Jenny	Abbey Striders A.C.	X	33.49	X	35.42	36.20	36.44	36.44
2	46	Daly, Emma	St. Abbans A.C.	29.12	32.54	X	29.11	31.79	30.79	32.54
3	166	Curtin, Patricia	Youghal A.C.	29.94	29.40	31.93	29.31	28.39	29.41	31.93
4	6	Boyce, EMer	Cranford A.C.	29.90	28.57	27.14	28.95	29.42	29.17	29.90
5	116	Corrigan, Elaine	Naas A.C.	25.45	24.38	23.85	20.23	21.81	24.71	25.45
6	115	Drewitt, MAiread	Naas A.C.	23.24	24.65	24.84	24.11	21.43	23.78	24.84
7	60	Barrett, Melissa	Loughrea A.C.	23.82	X	23.73	22.50	24.57	22.59	24.57

Hammer - Junior Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	252	O'Neill, Mairead	Gneeveguilla A.C.	45.03	48.31	X	48.37	X	X	48.37
2	12	Moynihán, Grainne	West Muskerry A.C.	X	39.06	44.01	41.08	X	42.98	44.01
3	158	Mc Sweeney, Laura	Bandon A.C.	39.87	43.23	43.54	43.97	X	43.41	43.97
4	14	Furlong, Christina	D.M.P. A.C.	40.23	X	41.41	41.01	X	39.86	41.41
5	240	Miggin, Grainne	Fr. Murphy A.C.	37.73	X	X	39.54	X	37.81	39.54
6	46	Daly, Emma	St. Abbans A.C.	35.47	36.07	32.61	38.27	35.54	X	38.27
7	94	Stack, Aisling	Portlaois A.C.	31.23	32.20	X	30.36	34.20	X	34.20
8	3	Kiernan, Mieke	Raheny Shamrock A.C.	X	32.12	29.74	X	X	30.17	32.12

Under 23 Men

100 m - U.23 Men

Wind : +0.1

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	386	Back, Oliver	St. Coca's A.C.			10.79
2	312	Adams, Dean	Ballymena & Antrim A.C.			10.98
3	321	Whelan, Paul	Dublin Striders A.C.			11.07
4	353	O'Reilly, Laurence	Tullamore Harriers A.C.			11.33
5	369	O'Halloran, Edmond	Leevale A.C.			11.37
6	408	Kenny, ferdia	Sli Cualann A.C.			11.48
7	329	Regan, Barry	St. Abbans A.C.			11.48
8	341	Dolan, Ciaran	Finn Valley A.C.			11.79

200 m - U.23 Men

Wind : -0.8

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	321	Whelan, Paul	Dublin Striders A.C.			22.26
2	353	O'Reilly, Laurence	Tullamore Harriers A.C.			22.67
3	408	Kenny, ferdia	Sli Cualann A.C.			22.94
4	397	Maze, Ben	Lagan Valley A.C.			23.03
5	335	Dolan, Ciaran	Tir Chonaill A.C.			24.36

400 m - U.23 Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	402	Mulhall, Eoin	Crusaders A.C.			48.24
2	318	Houston, John	Ballymena & Antrim A.C.			48.92
3	407	Jenkins, Andrew	Clonliffe Harriers A.C.			51.81
4	258	Campbell, David	Donore Harriers A.C.			52.39
5	370	Ahern, Daniel	Leevale A.C.			52.99

800 m - U.23 Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	361	Ryan, Billy	Ferrybank A.C.			1.57.59
2	301	Hoy, Mark	Finn Valley A.C.			1.58.01
3	254	Daly, Cathal	Sli Cualann A.C.			1.58.68
4	352	Owens, Richard	Sli Cualann A.C.			1.58.76
5	304	Bogues, Patrick	Finn Valley A.C.			2.01.23
6	344	Crosbie, Billy	Dundrum South Dublin A.C.			2.02.41
7	305	Maher, James	Templemore A.C.			2.04.45
8	332	Healy, Colm	Dundrum South Dublin A.C.			2.04.88

1500 m - U.23 Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	309	Mc Killop, Michael	St. Malachy's A.C.			3.56.17
2	406	Kelly, Sam	Fingallians A.C.			3.57.09
3	393	Rennicks, Darragh	Bohermeen A.C.			3.57.50
4	365	Mc Donald, Mark	Clonliffe Harriers A.C.			3.58.91
5	308	Rooney, Stephen	St. Malachy's A.C.			4.06.81
6	395	Hanrahan, Peter	Togher A.C.			4.09.67
7	359	Toland, Dean	Finn Valley A.C.			4.18.29
8	392	Griffin, James	St. Abbans A.C.			4.24.11
9	383	Walter, Stephen	Leevale A.C.			4.53.66

5000 m - U.23 Men

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	384	Brady, Liam	Tullamore Harriers A.C.			15.05.21
2	390	Luke, Forde	Dunboyne A.C.			15.12.45
3	342	Williamson, John Paul	City of Derry			15.17.19
4	346	Foley, Donal	Raheny Shamrock A.C.			16.02.94
5	323	Rochford, Conor	St. Senans A.C.			16.20.85

110 m Hurdles - U.23 Men

Wind : 0.1

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	369	O'Halloran, Edmond	Leevale A.C.			15.20

400 m Hurdles - U.23 Men														
Final Place	No	Name	Club	Heat Time	Semi Time	Final Time								
1	360	Barr, Thomas	Ferrybank A.C.			51.67								
2	404	Crowe, Tim	Dooneen A.C.			52.80								
3	324	Byrne, Paul	St. Abbans A.C.			53.04								
3000 m Steeplechase - U.23 Men														
Final Place	No	Name	Club	Heat Time	Semi Time	Final Time								
1	307	Rossiter, Jayme	Clonliffe Harriers A.C.			9.22.47								
2	336	Jennings, Emmet	Dundrum South Dublin A.C.			9.33.94								
3	306	Speight, James	Finn Valley A.C.			9.53.21								
5000 m Walk - U.23 Men														
Final Place	No	Name	Club	Heat Time	Semi Time	Final Time								
1	317	Moran, Michael	Claremorris A.C.			24.25.16								
4X400 m Relay - U.23 Men														
1	Finn Valley A.C.		3.33.40											
High Jump - U.23 Men														
Place	No	Name	Club	1.70	1.75	1.80	1.85	1.90	1.95	1.98	2.01	2.07	2.13	2.17
1	325	Pender, Barry	St. Abbans A.C.	-	-	-	-	O	-	XO	O	XO	O	X-
2	377	Bowler, Michael	Kilkenny CH.	O	-	-	XXO	XXX						
Long Jump - U.23 Men														
Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best				
1	341	Dolan, Ciaran	Finn Valley A.C.	6.51 +0.3	6.34 +0.6	6.24 +0.3	6.24 -0.3	6.76 -0.1	X	6.76 -0.1				
2	358	Tsang, Richard	Shercock A.C.	6.31 -0.0	6.09 +0.8	X	6.46 +0.3	6.50 -0.6	6.44 +0.3	6.50 -0.6				
3	377	Bowler, Michael	Kilkenny City Harriers A.C.	4.34 +0.1	6.29 +0.7	6.35 +1.1	6.16 +1.3	X	6.05 +1.3	6.35 +1.1				
4	389	Doherty, Keith	Dunboyne A.C.	5.43 +0.8	5.78 +0.3	6.27 -0.7	X	5.73 +0.2	5.69 +0.9	6.27 -0.7				
Triple Jump - U.23 Men														
Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best				
1	366	Prout, Shane	Carrick-on-Suir A.C.	12.10 -3.1	12.52 -1.5	12.80 -0.0	12.66 -1.5	12.66 -2.6	13.01 -1.0	13.01 -1.0				
2	303	Hickey, Diarmuid	Riverstick/Kinsale A.C.	12.09 -1.0	-	-	12.03 -1.0	12.45 -2.3	12.57 -1.3	12.57 -1.3				
Pole Vault - U.23 Men														
Place	No	Name	Club	3.30	3.50	4.40	4.60							
1	349	Houlihan, Thomas	West Waterford A.C.	-	-	XO	XXX							
2	337	Buckley, James	Raheny Shamrock A.C.	O	XXX									
Shot Putt - U.23 Men														
Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best				
1	279	Doyle, Andrew	Mid Ulster A.C.	13.41	13.64	13.72	13.60	13.86	X	13.86				
2	396	Clifford, Daniel	Farranfore Maine Valley A.C.	12.85	X	12.63	12.65	12.62	12.91	12.91				
3	303	Hickey, Diarmuid	Riverstick/Kinsale A.C.	11.88	12.05	11.98	12.40	12.50	12.46	12.50				
4	398	Mulligan, Joseph	Tullamore Harriers A.C.	9.90	9.78	X	9.16	9.40	X	9.90				
5	387	Hickey, Thomas	Crookstown Millview A.C.	8.85	9.15	9.01	9.29	9.03	9.58	9.58				
Discus - U.23 Men														
Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best				
1	322	Reynolds, Chis	City of Lisburn	42.60	47.85	44.84	47.11	45.75	43.30	47.85				
2	396	Clifford, Daniel	Farranfore Maine Valley A.C.	X	44.02	X	X	43.52	45.91	45.91				
3	303	Hickey, Diarmuid	Riverstick/Kinsale A.C.	31.08	X	X	32.80	33.11	X	33.11				
Javelin - U.23 Men														
Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best				
1	315	Mc Bride, Sean	Strabane Track Club	54.10	51.82	45.95	X	53.42	X	54.10				
2	382	Kirwin, Rory	Dunleer A.C.	X	X	X	X	48.60	46.62	48.60				
3	303	Hickey, Diarmuid	Riverstick/Kinsale A.C.	42.21	39.83	41.27	43.76	45.46	48.27	48.27				

Hammer - U.23 Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	314	Furlong, Thomas	D.M.P. A.C.	55.30	58.73	X	X	X	58.21	58.73
2	327	Barry, Cillian	Crusaders A.C.	51.45	58.04	56.59	X	57.77	X	58.04
3	279	Doyle, Andrew	Mid Ulster A.C.	49.39	50.01	51.07	X	X	49.50	51.07
4	322	Reynolds, Chris	City of Lisburn	39.16	X	40.43	X	40.48	38.78	40.48
5	391	O'Donoghue, Killian	Tallaght A.C.	X	X	X	35.86	X	34.12	35.86

35lb Distance - U.23 Men

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	398	Mulligan, Joseph	Tullamore Harriers A.C.	7.72	X	X	7.75	8.00	7.77	8.00

Under 23 Women

100 m - U.23 Women

Wind : -0.2

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	363	Whelan, Niamh	Ferrybank A.C.			11.92
2	340	Creaner, Steffi	Dublin City Harriers A.C.			12.03
3	310	Moore, Leah	Clonliffe Harriers A.C.			12.14
4	380	Healy, Joan	Bandon A.C.			12.19
5	251	Holmes, Louise	Kilkenny City Harriers A.C.			12.51
6	399	Fitzpatrick, Eilish	Gneeveguilla A.C.			12.77
7	248	Reville, Francesca	Menapians A.C.			13.09

200 m - U.23 Women

Wind : -2.1

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	340	Creaner, Steffi	Dublin City Harriers A.C.			24.22
2	363	Whelan, Niamh	Ferrybank A.C.			24.27
3	310	Moore, Leah	Clonliffe Harriers A.C.			24.79
4	380	Healy, Joan	Bandon A.C.			25.15
5	311	Lewis, Hannah	North Down			25.40
6	251	Holmes, Louise	Kilkenny City Harriers A.C.			25.42

400 m - U.23 Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	333	Coveney, Gabrielle	Loughborough University			55.63
2	403	Cannon, Shauna	Brothers Pearse A.C.			56.31
3	405	Scallan, Susan	Raheny Shamrock A.C.			57.99
4	371	Lynch, Eimear	Newport A.C.			61.25
5	385	Field, Niamh	St. Coca's A.C.			62.54
6	376	Savage, Nikita	Youghal A.C.			67.35

800 m - U.23 Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	302	Denny, Sinead	Dundrum South Dublin A.C.			2.11.65
2	364	Cronin, Ciara	Ferrybank A.C.			2.13.29
3	354	Mc Ginley, Orna	Clonliffe Harriers A.C.			2.20.32
4	410	Earls, Claire	Sli Cualann A.C.			2.20.99
5	409	Kilgallen, Rachael	Sligo A.C.			2.21.31
6	374	Daniels, Caoimhe	Galway City Harriers A.C.			2.30.10

1500 m - U.23 Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	319	Begley, Lorna	Clonliffe Harriers A.C.			4.48.05
2	316	Gibson, Rachel	North Down			4.49.38
3	373	O'Ceallaigh, Nicola	Galway City Harriers A.C.			4.54.09

5000 m - U.23 Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	373	O'Ceallaigh, Nicola	Galway City Harriers A.C.			18.53.14

3000 m Steeplechase - U.23 Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	331	Gorman, Irene	Galway City Harriers A.C.			11.26.39

100 m Hurdles - U.23 Women

Wind : -0.4

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	381	Howard, Roisin	Bandon A.C.			15.85
2	345	Mc Allister, Rebecca	Ballymena & Antrim A.C.			15.97

400 m Hurdles - U.23 Women

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
1	333	Coveney, Gabrielle	Loughborough University			60.91
2	367	Trehy, Hannah	Carrick-on-Suir A.C.			70.24
3	249	Finnegan, Rachel	Craughwell A.C.			72.70

High Jump - U.23 Women

Place	No	Name	Club	1.45	1.50	1.55	1.60	1.65
1	381	Howard, Roisin	Bandon A.C.	-	O	O	XO	XXX
2	348	Collins, Claire	West Waterford A.C.	O	O	XXO	XXX	

Long Jump - U.23 Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	381	Howard, Roisin	Bandon A.C.	4.76 +1.1	X	5.26 +1.0	5.46 +1.6	5.44 +0.1	X	5.46 +1.6

Triple Jump - U.23 Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	378	Hill, Fiona	Newbridge A.C.	10.92 -2.1	10.95 -2.3	10.84 -2.6	11.08 -1.1	11.04 -2.1	X	11.08 -1.1

Shot Putt - U.23 Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	320	Fitzgerald, Clare	Tralee Harriers A.C.	13.59	13.89	13.41	13.37	13.27	13.81	13.89
2	401	Fratorolli, Alan	Limerick A.C.	10.17	11.34	11.32	10.45	9.72	10.38	11.34
3	328	Daly, Shauna	St. Abbans A.C.	9.80	10.38	10.06	9.35	10.33	9.94	10.38

Discus - U.23 Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	320	Fitzgerald, Clare	Tralee Harriers A.C.	X	40.43	X	42.55	X	X	42.55
2	357	Hetherington, Kathy	North Down A.C.	37.04	X	37.94	38.48	34.33	36.82	38.48
3	401	Fratorolli, Alan	Limerick A.C.	30.21	X	30.09	28.93	X	28.08	30.21
4	328	Daly, Shauna	St. Abbans A.C.	25.68	27.02	X	28.86	29.38	29.02	29.38

Javelin - U.23 Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	347	Coffey-Nguye, Emmy	U.C.D. A.C.	31.64	X	30.38	32.23	31.77	33.35	33.35

Hammer - U.23 Women

Place	No	Name	Club	1st	2nd	3rd	4th	5th	6th	Best
1	362	Kennedy, Cara	Ferrybank A.C.	X	X	53.66	X	52.96	X	53.66