

O'Shea stays unbeaten on Cork's roads

ALAN O'SHEA maintained his unbeaten record on the Cork roads over the summer with a clear-cut victory at the Donoughmore seven-mile road race on Friday night.

Leading all the way, the Bantry athlete finished in a time of 36:14, almost a minute-and-a-half clear of CHRIS HARRINGTON (37:43), with GEORGE WAUGH third in 37:58.

HELEN LEONARD made her first appearance in the race a winning one, the Rathfarnham athlete finishing in a time of 46:53, with GERALDINE O'SHEA (St Finbarr's) second in 47:41 and AOIFE QUIGLEY third. Like Leonard, Quigley (Crusaders) is a Cork native now running with a Dublin club.

This was the 29th annual Donoughmore race, held over the same rarely-run distance of seven miles since 1983.

For a €10 entry fee, each runner received a high-quality technical T-shirt and there was also a huge array of prizes, including awards for both club and BHAA teams.